

Baby Signing Social

Version July 2022

Overview

Are you looking for a way to understand your baby's cries? Do you want your toddler to start communicating with you with less frustration? How about a simple connection between you and your baby or toddler? Baby sign language is a method of communication for you (parent or caregiver) and your baby to communicate with each other. Baby sign language uses the words and vocabulary from standard American Sign Language (ASL). Words are expressed by manipulating your hands to mean different words. Babies as young as 6 months old can begin learning signs. This class is designed for 6 months - 3 years old. In this class you will learn:

Goals

1. **Top 10 Signs for Babies:** The most expressed basic or foundational signs to meet our babies wants and needs.
2. **Social Interactions:** Social skills are established in infancy throughout eye contact and joint attention skills between babies and others.

Specifications

Classes are held on every **Tuesday of the month from 10:00-11:00 for 8 weeks.** This will start July 12th and go through August 30th. Each week you will learn 5 new signs with a licensed and certified Speech-Language Pathologist. Please bring a snack, water/juice, picture of mom/dad if not present and a comfy pillow or blanket to sit on. Also don't forget your smile!

Cost **\$40 per 1 child & 1 parent (Additional \$10 per additional participant- child or parent).**
Separate class in SPANISH for the same weeks/ times led by a certified Speech-Language Pathologist who is bilingual!

Class Schedule

1. Sign-In (5-10 minutes)

Parents arrive and sign-in at the front desk. Check list of pre-paid and drop-in attendees. Collect payment if needed. Parents settle in the room seated in a circle on the floor.

2. Warm-up gestural songs (10-15 minutes)

Speak with parents regarding the importance of singing nursery rhymes that contain gestures as gestures are a means of exercising fine motor movements as well as preparing the hands for signing. Gestural songs also contain simple directions, a basis for understanding language with an added visual. Perform at least 3 widely known sing along songs that contain gestures (Wheels On the Bus, If You're Happy and You Know It, Itsy Bitsy Spider, Head Shoulders Knees and Toes, Baby Bumblebee)

3. Signing in Action (30 minutes)

Read Story book and sign along with the book for the first 10 signs. Go around and assist parents as needed by providing more visual modeling assistance - this is a hands off approach, no touching clients/patients hands.

4. Goodbyes & FAQs

- This course may be offered as a 3 or 4 part series
- Clinician should have a doll to model with if applicable
- Conduct classes in sensory room, already carpeted - keep fish tank off, unplug touch lights, remove any toys and balls from the floor
- Create laminated cards per class